## The Tamarac® Test Standard Filter Paper Blood Lead Test Kit

Instructions for filter paper specimen collection with skin surface lead removal products.

**CAUTION** must be used at all times to prevent contamination. **LEAD** is **EVERYWHERE**, including your hands and the patient's hands.

- Remove supplies from kit and organize on a clean paper towel on a clean surface.
- Neatly print all patient demographic, billing, and lab information on lab form. Apply pre-printed clinic ID label to lab form.
- Partially remove filter paper card from plastic bag just enough to write the required data on filter paper card. Do not remove entire card from the plastic bag at this time.
- 4. Kit user must wear protective gloves. Using D-Lead® Skin Cleanser and water, wash patient hand with emphasis on the selected finger (commonly the outside of the ring fingertip); then perform the following:
  - dry patient hand with clean paper towel
  - hold the selected finger and scrub the stick area vigorously with the D-Wipe® Towel
  - wipe the stick area with the alcohol prep pad to disinfect
  - dry the stick area with the sealed (sterile) gauze pad
  - do not allow patient finger to touch anything

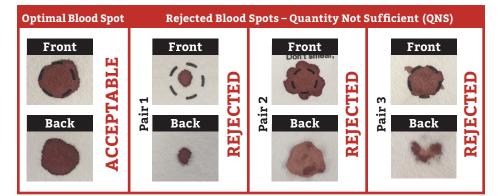
and 5. Remove filter paper card from plastic bag and place on clean paper towel. Use lancet to "stick" cleansed area of patient finger. Hold finger above the filter paper; allow first blood drop to fall at first dotted circle: allow second blood drop to fall at second dotted circle. Blood drops do not need to land in dotted circles. Avoid touching the card to the patient finger. You may collect a third blood spot anywhere in the unused filter paper area if you question the size of the first two spots. For duplicate analysis, two (2) blood spots (0.3 inch diameter) are required.



Identify stick site (commonly the outside of the ringfingertip)



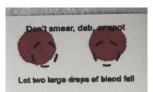
Allow blood drop to fall from patient finger onto filter paper



6. Gently cover filter paper card with second paper towel like a tent. Allow blood spots to dry noting color change from bright red to reddish-brown.



Bright red blood spots (wet)



Reddishbrown blood spots (dry)

- 7. Holding the filter paper sample card opposite the blood spots, re-insert the dry card into its small plastic bag so blood spot edge is inserted first and rests at bottom of plastic bag (just as it came to you). Seal the bag. You should never touch or handle the blood spot area of the card.
- 8. Retain the yellow copy of the lab form for your records. Place sealed filter paper sample on top of lab form and insert into prepaid envelope. Do NOT staple or paper clip filter paper bag to lab form. Up to five (5) filter paper sample and lab form pairs may be sent in the same envelope.
- 9. If you experience difficulty, please contact Tamarac® Medical.

## DO

- Encourage adequate patient hydration prior to blood stick
- Consider warming the stick site area to improve circulation prior to cleansing stick site.
- Thoroughly cleanse the stick site with all provided cleansers
- Use the provided lancet, or equivalent, designed for maximum blood flow
- Allow a large drop of blood to fall onto the filter paper area or to touch and saturate through the filter paper
- Attempt to obtain 2 large independent blood spots in approximate size to the dotted circles
- Send up to five (5) sample and lab form pairs in one envelope

## DON'T

- Don't use a hemoglobin specific lancet designed for minimum blood flow
- Don't dab blood from the finger, or allow finger to touch the filter paper, or layer blood onto filter paper
- Don't merely attempt to fill a blood spot circle; a large blood drop MUST fully saturate through the filter paper
- Don't insert wet blood spots into plastic bag; allow blood spots to dry first
- Don't touch or handle the filter paper area of the card
- **Don't staple** or **paper clip** sample bag to lab form
- Don't forget to stick barcode clinic ID label on every submitted lab form

